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Psychology: Developmental (Life Span) (Quick Study: Academic)

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WORLD'S #1 ACADEMIC OUTLINE

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PSYCHOLOGY

Developmental

Basics of development over human lifespan including physical, cognitive, social and personal development through stages and more

FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY THROUGHOUT THE LIFE SPAN

THE THEMATIC COMPONENTS OF HUMAN LIFESPAN DEVELOPMENT

- Cross-Sectional and Longitudinal Studies:** The same individuals are studied over a prolonged interval (longitudinal) or many individuals are studied over discrete intervals (cross-sectional).
- Quantitative and Qualitative:** Development may be measured and tested quantitatively (e.g., height, weight and how fast) or qualitatively (e.g., puberty or menopause).
- Genetic and Environmental:** The interplay between genetic and environmental factors is a complex one, expressed in different interacting ratios for different developmental modules.
- Culture:** Developmental influences can be culture-dependent. For instance, family, community, culture and historical events. (That is to say, environmental factors may play a more dominant role in personality development in a particular culture than in a liberal western culture.)
- Cumulative Effect:** Many developmental influences are best understood in the context of a cumulative developmental process.
- Maturational Dynamics:** Due to recent changes in the longevity of populations, better health and better development, the childhood and stage of developmental thresholds need to be reexamined as being a chronic continuum. For instance, contemporary adolescents are maturing sexually much earlier than their grand-grandparents did, and due to maternal longevity and better general health, adults in their 70s are fitter, more active and energetic than adults of the same age a century ago.
- Ethical Considerations:** The experimental and scientific validity of most theories of development is not clearly established due to ethical constraints for instance, it would be unethical to conduct randomly assigned groups of newborn infants to chronically abusive or emotionally abusive treatment as a means of assessing precisely how such factors negatively impact on personality development.

THEORIES OF DEVELOPMENT

- Psychoanalytic:** Emphasizes the role of subconscious factors in personality development. **Sigmund Freud, Carl Jung, Alfred Adler and Sigmund Freud** are representative of this tradition.
- Behavioral:** A school of psychoanalytic approaches, behavior, social and cognitive components are thought to be the main contributors to development. **Sigmund Freud and Wilhelm Wundt** are representative of this tradition.

GENETIC INFLUENCE

The role of genetic factors in determining physical and personality traits is variable, due to a complex interaction between genetic (polygenic) and environmental variables. Some traits may be genetically predetermined, such as eye color, whereas others are only marginally genetically determined, such as height or weight.

INFANCY & TODDLERHOOD (AGE 0-3 YEARS)

PHYSICAL & COGNITIVE DEVELOPMENT

PHYSICAL DEVELOPMENT

- Sensory, motor and perceptual functions: initial sensory capabilities (color discrimination, facial recognition, depth perception, locomotion) are limited but develop quickly.

COGNITIVE DEVELOPMENT

- Sensorimotor intelligence: realization of cause-and-effect, object constancy, language development and fine motor skills.
- Piaget's Theory:** The first to systematically investigate cognitive development and identified several distinct stages.

SOCIAL & PERSONALITY DEVELOPMENT

- Trust vs. Mistrust:** If a child's needs are adequately met, a sense of trust is developed; if not, mistrust may develop.
- Attachment:** May be secure, resistant, avoidant, disorganized/unsettled. There is a complex interaction between parental and child attachment styles and a child's attachment style has lifelong consequences extending into adulthood.
- Separation Anxiety:** Most pronounced between 12 and 18 months.

THE DEVELOPMENT OF LANGUAGE & COMMUNICATION SKILLS

- Initial communication by infants is by means of facial gestures, crying and cooing.
- Vocalization of sounds begins around 2 months; vocabulary expands rapidly around 18 months.
- The development and sophistication of parents impacts expression of early affect, the child's language abilities.

COGNITIVE DEVELOPMENT STAGES

Stage	Starting at Age	Ability	Example
Infancy	0-1 years	Reflexive actions	Crawling
Early Infancy	2 years	Object permanence	Object permanence
Childhood	3-6 years	Concrete operations	Object permanence
Adolescence	7-12 years	Abstract operations	Object permanence
Adulthood	13-18 years	Formal operations	Object permanence
Older Adulthood	19-65 years	Postformal operations	Object permanence
Very Old Adulthood	66+ years	Wisdom	Object permanence

* Object permanence is related to the development of thinking with the concrete domain, if the mother knows the object is present even when it is not visible, she is demonstrating object permanence.



Synopsis

Our 3-panel (6-page) guide provides a detailed review of a principal area of mental health care: developmental psychology. A perfect resource for nursing students or those already in the field who want to brush up on their skills, this guide covers the key concepts, skills, theories and their proponentsâ•all essential knowledge for the successful psychology student. Jam-packed text is enhanced by graphic elements and tables are used to provide ease of use.

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Customer Reviews

This chart is perfect for quick tips and explanations and makes for a perfect reference guide for Developmental Psychology. The laminated pamphlet is perfect for a binder and can be reviewed without removal. I recommend this for anyone who loves Psychology or who is majoring in the course.

Helps me with school, I am going into nursing and everything helps. so thank you, it came in a timely fashion and in really great condition

Love Psychology: Developmental (Life Span) it's a great quick reference guide.

Very helpful for psychology classes!

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